



Thank you

for being a part of Australian Cancer Research Foundation (ACRF)'s 60km In May Challenge.

Stay on track and make every step count with our custom May calendar. Note the kilometres you complete each day, watch them add up, and keep the momentum going all month long.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B A C K I N G B R I L L I A N T				1 _____ km	2 _____ km	3 _____ km
4 _____ km	5 _____ km	6 _____ km	7 _____ km	8 _____ km	9 _____ km	10 _____ km
11 _____ km	12 _____ km	13 _____ km	14 _____ km	15 _____ km	16 _____ km	17 _____ km
18 _____ km	19 _____ km	20 _____ km	21 _____ km	22 _____ km	23 _____ km	24 _____ km
25 _____ km	26 _____ km	27 _____ km	28 _____ km	29 _____ km	30 _____ km	31 _____ km