



# Thank you

for being a part of Australian Cancer Research Foundation (ACRF)'s 60km In May Challenge.

Stay on track and make every step count with our custom May calendar. Note the kilometres you complete each day, watch them add up, and keep the momentum going all month long.

MONDAY				TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
B A C K I N G B R I L L I A N T				1		2		3							
				_____ km		_____ km		_____ km							
4	5	6	7	8	9	10									
_____ km	_____ km	_____ km	_____ km	_____ km	_____ km	_____ km									
11	12	13	14	15	16	17									
_____ km	_____ km	_____ km	_____ km	_____ km	_____ km	_____ km									
18	19	20	21	22	23	24									
_____ km	_____ km	_____ km	_____ km	_____ km	_____ km	_____ km									
25	26	27	28	29	30	31									
_____ km	_____ km	_____ km	_____ km	_____ km	_____ km	_____ km									